



WAYS TO TALK TO YOUR KIDS ABOUT GLOBAL POVERTY

Tzedek deals with issues of global poverty every day. We came up with four easy ways for you to talk to your child about poverty overseas.

I. Daily Life exercise

Ask your child to write an account of their typical day, right from when they wake up to bed time. Then, watch 'A Day in the Life of Victoria' video www.youtube.com/watch?v=jihFvRkRaVg. Ask questions like:

- O What is the same and what is different?
- O How would you feel if you had as much responsibility as Victoria?
- In what ways do you think poverty affects Victoria's life?

2. Read Little Hen

Read 'Little Hen' by Margot Zemach to your child. Talk about how the little boy helped himself. Explore with them how change happened for the little boy. Consider with them the value of people helping themselves rather than becoming dependent on charity and aid.

Tzedek's projects help people help themselves because that is what Rambam taught us as the highest form of charity. Look at our website www.tzedek.org.uk/how-we-work and see how amazing hard working people can lift themselves out of poverty, with a little funding from us.

3. Play a Game

Use the board game below to explore how difficult the poverty trap and the importance of education. Having access to very little resources means emergencies like an illness can cause great hardship. Ask why this is 'trap' and think together about how people can escape this 'trap'. Ask what Nelson Mandela meant when he said 'Education is the most powerful weapon which you can use to change the world.'

4. Put a face to it:

Since poverty can be such an abstract concept, it helps to humanise it. Use our resource list below to find pictures that can help your kid see what poverty looks like. Look for the similarities not just the differences. Ask about how they might feel, what they wish for – these are the same everywhere; its peoples situation that differs.

www.tzedek.org.uk

email: info@tzedek.org.uk

Jewish action for a just world

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TOPTIPS

Address their worries

It is important that poverty doesn't worry your child. The most common question that comes out of a discussion on poverty is – 'will this happen to us'. Have a realistic and reassuring answer prepared.

The 'Privilege' exercise

Set out a jar and mark it the 'privilege jar'. Each time your kid complains about a 'first world problem', have them drop a few pennies into the jar. Make sure they know that all of this goes to a person in need at the end of the week or month.

Chanukah Unwrapped

Try swapping one night of material gifts for something more meaningful this Chanukah and bring light to those suffering in poverty. Buy a school pack, chicks or poo flies. Doing this gives you the chance to have an important conversation with your child when the card arrives. www.tzedek.org.uk/chanukah

Resources to use at home

Videos

A Day in the Life of Ata Victoria: www.youtube.com/watch?v=jihFvRkRaVghttpChildren

How children who work impact their lives: www.tes.com/teaching-resource/sport-relief-2014-working-children-in-ghana-6389101

Pictures

We have a gallery of pictures that can open up a conversation: www.tzedek.org.uk/ghana-loan-library-2/ghana-resource-photos-animals-2/#jp-carousel-1407

Books

- Little Hen' by Margot Zemach
- Beatrice's Goat by Hillary R. Clinton
- Fly Away Home by Eve Bunting
- Those Shoes by Maribeth Boelts
- Esperanza Rising by Pam Munoz Ryan
- Crenshaw by Katherine Applegate
- These books are available online on Amazon UK

Board Game from Cafod

You complete a year of school. Well done! Move	Mum and Dad Sell lots of Vegetables at the market. They buy you a uniform. Go forward 4 spaces.		Mum gets an extra job as a cleaner and buys school books. Go forward 4 spaces.		You cannot afford the fare to school. Go back 1 space.	You complete a year of school. Well done! Move forward 3 spaces.
forward 3 spaces.	How does poverty stop children getting to school? To play in pairs: Use a marker for each player and one dice. Put some counters in the middle. Put your marker on any grey space to start. Take turns throwing the dice to see how far to move. Whenever you land on a black space take one counter. You need six counters to finish your primary school education.					Your big sister gets married.
	UK government cancels debt (money that your country owes them). New school built. Move forward 2 spaces. You complete a year of school. Well done! Move forward 3 spaces. You fall down and hurt your leg. You cannot walk to school. Miss a turn.					fou must stay home to care for your little sister and brother. Miss a turn.
Aid money fro overseas is giv to your countr New teachers are trained. Move forward	en crops grow. y. No money for school books. Miss a turn.	year o	f school. done! forward paces. no crops Too h to s Move	rain! Still growing. hungry tudy. e back paces.		
You complete year of school well done! Move forwar 3 spaces.	a teacher for	abroad sell in the market. Your family's crops do not miss school		You complete a year of school. Well done! Move forward 3 spaces.		